

# Psalm 37

## Fret Not

- **Inventory Time**
  - Where are you today?
- **Verse 1, 7, 8**
  - Fretting comes easy but it can be displaced
- **The Paradox of Christianity**
  - Live by dying
  - Get righteousness by not trying to be righteous
- **Why does God give us promises?**
- **Fretting gives us an opportunity**
  - End game: Verse 37
- **My Process**
  - Ask yourself these Q's:
    - Is the Lord trustworthy?
    - Can I trust Him?
  - Check your attitude. What is your desire?
  - Commit &
    - Rest &
    - Wait Patiently
- **God's Process**